



School Lunches

At BSL we follow recommended school food standards to ensure that food provided to pupils is nutritious and of high quality, to promote good nutritional health in all pupils and to promote good eating behaviour.

School food standards are intended to help children develop healthy eating habits and ensure that they get the energy and nutrition they need across the whole school day. At BSL we think that it is important to cook food that looks good and tastes delicious; to talk to children about what is on offer; and to serve the food in a pleasant environment where they can eat with their friends.

We provide

- A wide range of foods across the week offering a variety of different fruits, vegetables, pulses or types of meat and fish.
- At least one hot dish per day
- Fresh fruit at the end of every meal
- Fresh drinking water at all times

Pupils who bring **packed lunches** to school will also eat in the dining room with their classmates. Packed lunches may not contain 'fast foods', 'soft drinks' or nuts in case of possible food allergies.

Lunch Times

Pupils in Foundation 1, Foundation 2, Year 1 and Year 2 eat lunch between 12:00 and 12:30pm

Pupils in Year 3, Year 4 and Year 5 eat lunch from 12:40 to 1:00pm

Pupils in Years 6, 7, 8, 9, 10 & 11 eat lunch from 1:10 to 1:30pm

[Click to see the latest lunch menu](#)